



NDSU

EXTENSION SERVICE
CASS COUNTY



EXTENDING KNOWLEDGE >> CHANGING LIVES

PARENTING THROUGH ATTUNEMENT AND REGULATION

This workshop will focus on trauma-informed parenting strategies for parenting traumatized youth. Parents will learn about the impact of trauma, neglect on children and how to manage children's trauma related behaviors. Parents will be able to recognize traumatized children's core negative beliefs and triggers as well as explore their own experiences, reactions, and triggers. They will gain skills, learn powerful interventions, & learn how to stay attuned to their children's emotional needs while avoiding burnout.



Saturday, October 28, 2017

8:30am – 1:30pm

NDSU Memorial Union,

Room of Nations

1401 Administration Avenue

Fargo, ND

About The Presenter:

Katie Renner specializes in working with individuals with trauma who have experienced childhood maltreatment, attachment difficulties, and/or loss of a primary caregiver. She is a Licensed Professional Clinical Counselor in North Dakota and she currently practices outpatient mental health at Fraser Ltd. Valley Hope Counseling. She has training and experience providing Eye Movement Desensitization and Reprocessing (EMDR) and Trauma Focused Cognitive Behavioral Therapy (TF-CBT). Katie and her husband adopted a 14-year-old boy a year ago, and have learned the rewards and challenges of parenting a child who has been in foster care.



PARENTING THROUGH ATTUNEMENT AND REGULATION

Registration Form

Name _____

Phone _____ Email _____

Address _____ City, State, ZIP _____

Organization _____

Title/position _____

Please indicate any special dietary restrictions. _____

Registration fee: \$20.

Includes beverages and light lunch. No refund for cancellations after Oct. 13.

Make checks payable to:
Cass County Extension.

Mail registration with payment to:
Cass County Extension,
PO Box 2806
Fargo, ND 58108-2806

Individuals with disabilities are invited to request reasonable accommodations to participate in NDSU-sponsored programs and events. To request an accommodation(s), please contact Alison Brennan at (701) 241-5937 by Oct. 13 to make arrangements.

County commissions, North Dakota State University and U.S. Department of Agriculture cooperating. NDSU does not discriminate in its programs and activities on the basis of age, color, gender expression/identity, genetic information, marital status, national origin, participation in lawful off-campus activity, physical or mental disability, pregnancy, public assistance status, race, religion, sex, sexual orientation, spousal relationship to current employee, or veteran status, as applicable. Direct inquiries to Vice Provost for Title IX/ADA Coordinator, Old Main 201, NDSU Main Campus, 701-231-7708, ndsu.eoaa@ndsu.edu.